

- PDC Palo Alto • Office: (650) 725-7030 • Fax: (650) 725-9877
- PDC Redwood • Office: (650) 381-3480 • Fax: (650) 381-3488
- PDC Fremont • Office: (510) 713-9994 • Fax: (510) 713-9997

- PDC Santa Cruz • Office: (831) 464-9994 • Fax: (831) 464-9996
- PDC Salinas • Office: (831) 440-3441 • Fax: (831) 440-3432
- PDC Modesto • Office: (209) 672-6377 • Fax: (209) 672-6378



## Perinatal Diagnostic Center Ultrasound & Genetic Counseling Order Form

### Required Patient Information

The following is **REQUIRED** to be faxed: **1. Facesheet with demographics 2. This form 3. A copy of insurance card 4. All prenatal records (if referring to the Modesto, Salinas, or Santa Cruz practices)**

Stanford Children's Health Medical Record: \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age: \_\_\_\_  
(IF AVAILABLE)

Interpreter required for patient?  Yes  No Patient Language: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ BMI: \_\_\_\_\_

\_\_\_\_\_  
LAST NAME FIRST NAME MIDDLE NAME

Insurance Authorization#: \_\_\_\_\_ Authorization Expiration Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

EDD: \_\_\_\_\_ or LMP: \_\_\_\_\_

Patient's Phone: ( ) - \_\_\_\_\_ home/cell/work (circle/click one) Alternate Phone: ( ) - \_\_\_\_\_ home/cell/work

### Ultrasounds & Procedures

- REPEAT ULTRASOUND(S)**—Approval of repeat ultrasounds to be scheduled as clinically indicated and recommended by perinatologist
- Detailed fetal anatomy
- Detailed fetal anatomy with genetic counseling for fetal abnormality/anomaly
- Follow up/repeat ultrasound (if patient had previous anatomy ultrasound at LPCH or affiliate)
- Amniocentesis/OB ultrasound with genetic counseling
- Fetal MRI/ultrasound with genetic counseling if applicable
- Nuchal translucency ultrasound with genetic counseling  
D#: \_\_\_\_\_
- Nuchal translucency ultrasound without genetic counseling  
D#: \_\_\_\_\_
- Chorionic villus sampling & 1st trimester ultrasound with genetic counseling
- Cervical length with fetal ultrasound

### Antepartum Testing

- (NST only done in Palo Alto)
- AFI (only)
    - Once  Twice weekly
    - Weekly  Until delivery
  - NST (only)
    - Once  Twice weekly
    - Weekly  Until delivery
  - NST/AFI (non-stress test/ amniotic fluid test)
    - Once  Twice weekly
    - Weekly
  - Umbilical artery Doppler/AFI
    - Weekly  Twice weekly

### Consults

- MFM consult (off-site only)
- Genetic counseling only
- Multifetal pregnancy reduction (MFPR) consult.
- Preconception counseling

### Indications (Required) – Check all that apply

- Check the following for this pregnancy:  Singleton  Twins  Triplets  Other \_\_\_\_\_
- |   |  |   |   |
|---|--|---|---|
| <ul style="list-style-type: none"> <li><input type="checkbox"/> Advanced maternal age</li> <li><b>Antenatal screening</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Genetic screening indication</li> <li><input type="checkbox"/> Nuchal translucency</li> <li><input type="checkbox"/> Positive non-invasive prenatal test (NIPT)</li> <li><input type="checkbox"/> Positive PNS (CA prenatal screen)</li> <li><input type="checkbox"/> Screening for malformations</li> <li><input type="checkbox"/> Expanded carrier screening results (must be provided prior to visit)</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li><b>Multiple gestation</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Di/di <input type="checkbox"/> Mono/di</li> <li><input type="checkbox"/> Mono/mono <input type="checkbox"/> Unknown</li> </ul> </li> <li><b>Previous history</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Family history of congenital anomaly</li> <li><input type="checkbox"/> Fetal demise</li> <li><input type="checkbox"/> Poor OB history _____</li> <li><input type="checkbox"/> Pre-term labor</li> <li><input type="checkbox"/> Pre-term delivery</li> </ul> </li> <li><b>Other</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Bleeding</li> <li><input type="checkbox"/> Cervical incompetence</li> <li><input type="checkbox"/> Decreased fetal movements</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Diabetes, gestational</li> <li><input type="checkbox"/> Diabetes, pre-existing (type I or II)</li> <li><input type="checkbox"/> Fetal abnormality/anomaly</li> <li><input type="checkbox"/> Fetal growth, large for dates</li> <li><input type="checkbox"/> Fetal growth, small for dates</li> <li><input type="checkbox"/> Genetic screening &amp; options (maternal age &lt;35)</li> <li><input type="checkbox"/> Fetal Growth Restriction</li> <li><input type="checkbox"/> IVF</li> <li><input type="checkbox"/> Maternal High Risk Condition</li> <li><input type="checkbox"/> Rule out placenta accreta/ abnormal placentation</li> <li><input type="checkbox"/> Obesity</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Oligohydramnios</li> <li><input type="checkbox"/> Placental/umbilical cord abnormality</li> <li><input type="checkbox"/> Polyhydramnios</li> <li><input type="checkbox"/> Post term dates</li> <li><input type="checkbox"/> Potential Zika Virus exposure</li> <li><input type="checkbox"/> Preeclampsia</li> <li><input type="checkbox"/> Other _____</li> </ul> |
|---|--|---|---|

### Referring Provider

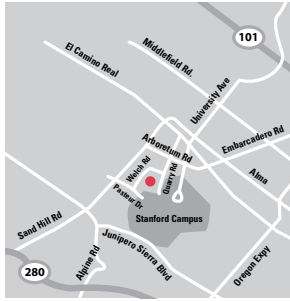
Referring OB  Other \_\_\_\_\_  
LAST NAME FIRST NAME TELEPHONE FAX

Signature: \_\_\_\_\_ Form completed by: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

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## Perinatal Diagnostic Center Ultrasound & Genetic Counseling Order Form

### Directions & Maps



### PDC Palo Alto

#### Directions to the Hospital

**From US Highway 101 North or South**  
Take the Embarcadero Road Exit West  
Cross El Camino Real (becomes Galvez St.)  
Turn right at Arboretum Rd, cross Palm Dr.  
Turn left on Quarry Rd. Turn right on Welch rd.  
Parking will be on your left or right

#### From Highway 280

Take the Sand Hill Road East. Turn right on  
Pasteur Dr. Turn Left onto Welch Rd.  
Parking will be on your left or right

#### Where do I park?

From Welch Rd., turn into the Hospital  
Entrance. Complimentary Valet Parking is  
available from 6am-6pm (Monday-Friday) as  
well as Complimentary Self-Parking.

**Request map to PDC Suite from security or  
information desk.**

**Packard Children's Hospital**  
725 Welch Rd.  
3rd Floor, Ste 391  
Palo Alto, CA 94304  
Perinatal Diagnostic Center  
(650) 725-7030  
Genetic Counseling  
(650) 723-5198



### PDC Redwood City

#### Directions

##### From Highway 101 North

Take the exit toward Whipple Ave, continue to  
Whipple. Turn right onto Whipple Ave. Cross  
Alameda de las Pulgas, and continue on Whipple  
Ave. 2900 Whipple Ave is the fourth driveway  
on the right.

##### From Highway 101 South

Take the exit toward Whipple Ave. Continue  
straight onto Whipple Ave. Cross Alameda de  
las Pulgas, and continue on Whipple Ave. 2900  
Whipple Ave is the fourth driveway on the right.

##### From Highway 280 North

Take the Edgewood Rd. exit. Turn left onto  
Edgewood Rd. Turn right onto Alameda De  
Las Pulgas. Turn right onto Whipple Ave. 2900  
Whipple Ave. is the fourth driveway on the right.

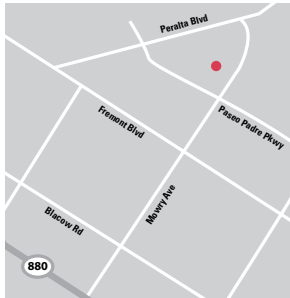
##### From Highway 280 South

Take the Edgewood Rd. exit. Turn right onto  
Edgewood Rd. Turn right onto Alameda De  
Las Pulgas. Turn right onto Whipple Ave. 2900  
Whipple Ave is the fourth driveway on the right.

**Redwood City**  
2900 Whipple Avenue  
Suite 240  
Redwood City, CA 94062  
(650) 381-3480

**Parking available in front  
and behind building.**

**We are not located inside  
Sequoia Hospital.**



### PDC Fremont

#### Directions

##### From I-880 South

Take the Mowry Avenue exit toward Central  
Fremont. Turn right onto Mowry Ave. Make a  
U-turn at Parkside Dr. 2147 Mowry Avenue will  
be on your right.

##### From I-880 North

Take the Mowry Avenue exit toward Central  
Fremont. Turn left onto Mowry Ave. Make a  
U-turn at Parkside Dr. 2147 Mowry Avenue will  
be on your right.

##### From I-680 South

Take the Mission Boulevard/ California 238 exit.  
Turn right onto Mission Blvd. Turn left onto  
Mowry Ave. 2147 Mowry Avenue will be on your  
right.

**Fremont**  
2147 Mowry Ave, Suite C6  
Fremont, CA 94538  
(510) 713-9994  
**Parking available in front  
of building.**



### PDC Salinas

#### Directions

##### From US Highway 101 South

Head southeast on US-101 South. Take the John  
St./California 68 exit. Turn right onto John St.  
Turn left onto Abbott St. Take the 3rd right  
onto Los Palos Dr. Turn right onto San Jose St.  
212 San Jose St. will be on your left.

##### From US Highway 101 North

Head northwest on US-101 N toward Veterans  
Memorial Hwy. Take the exit toward Monterey/  
Peninsula. Turn right onto S. Sanborn Rd. Turn  
right onto Abbott St. Take first left onto E.  
Romie Ln. Turn left onto Los Palos Dr. Take the  
first right onto San Jose St. 212 San Jose St. will  
be on your left.

**Salinas**  
212 San Jose St, Suite 311  
Salinas, CA 93901  
(831) 440-3441

**Parking available behind  
building.**



### PDC Santa Cruz

#### Directions

##### From CA-1 South

Head southeast on CA-1 South/Cabrillo Hwy.  
Take the Soquel Ave exit. Stay right onto Soquel  
Ave. Turn right onto Soquel Drive. Turn right  
onto Mission Drive. Turn right onto Commercial  
Way. 1685 Commercial Way will be on the right.

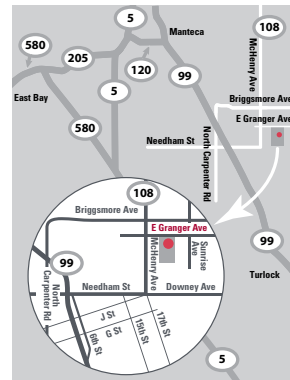
##### From CA-1 North

Head northwest on CA-1 North. Take the Soquel  
Drive exit. Stay to the right and continue to turn  
right onto Commercial Way. Pass through the  
stop sign. The 1685 Commercial Way building  
will be on the left hand side.

##### From CA-17 South

Head southwest on CA-17 South/Santa  
Cruz Hwy. Take the CA-1 South exit toward  
Watsonville/Monterey. Merge onto CA-1 South.  
Take the Soquel Ave exit. Stay right onto Soquel  
Ave. Turn right onto Soquel Drive. Turn right  
onto Mission Drive. Turn right onto Commercial  
Way. 1685 Commercial Way will be on the right.

**Santa Cruz**  
1685 Commercial Way  
Suite A  
Santa Cruz, CA 95065  
(831) 464-9994  
**Parking available in front of  
building.**



### PDC Modesto

#### Directions

##### Directions from East Bay

Take I-580 East toward Stockton. Keep left to take  
I-205 East toward Tracy/Stockton. Merge onto I-5  
North. Take the CA-120 toward Manteca/Sonora  
exit. Merge onto CA-99 South toward Modesto/  
Fresno. Take the Carpenter Rd/Briggsmore Ave  
exit. Turn left onto North Carpenter Rd. Continue  
onto West Briggsmore Ave. Turn right onto  
McHenry Ave. Turn left onto East Granger Ave.

##### Directions from the Turlock Area

Take CA-99 North toward Modesto. Take exit 226  
toward CA-132/CA-108 Vernalis Central Modesto.  
Use the right lane to merge onto 6th Street. Turn  
right onto G Street. Turn left onto 15th Street. Turn  
right onto J Street. At the intersection of J Street  
and Needham St/17th St, use any lane to cross the  
intersection veering slightly to the left, to continue  
on McHenry Ave. Turn right onto East Granger Ave.

##### Directions from the Manteca Area

Take CA-99 South toward Modesto/Fresno. Take  
the Carpenter Rd/Briggsmore Ave exit. Turn left  
onto North Carpenter Rd. Continue onto West  
Briggsmore Ave. Turn right onto McHenry Ave.  
Turn left onto East Granger Ave.

**Modesto**  
200 E. Granger Avenue  
Modesto, CA 95350  
(209) 672-6377

**Parking available in front of  
building.**